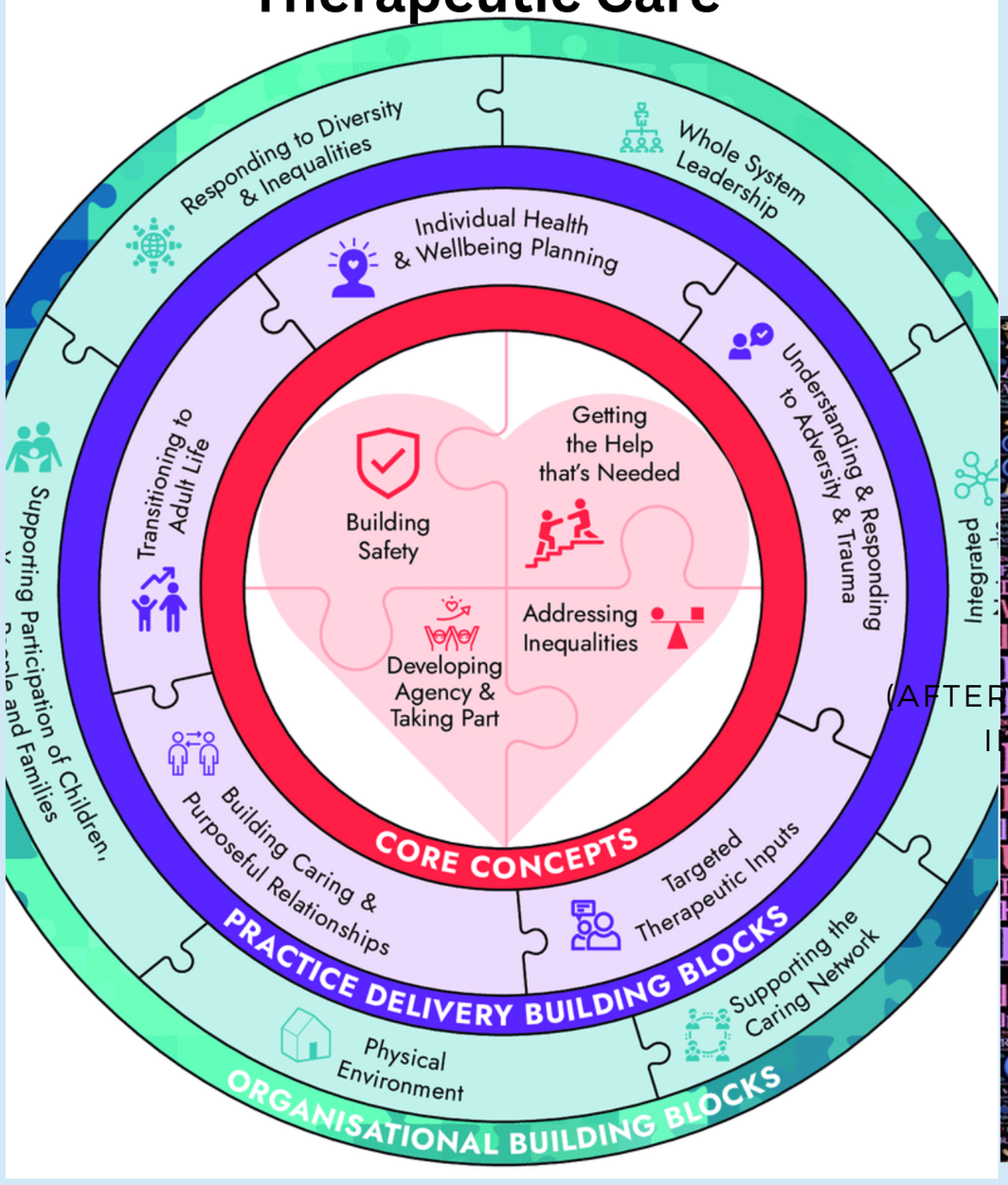
How we do what we do

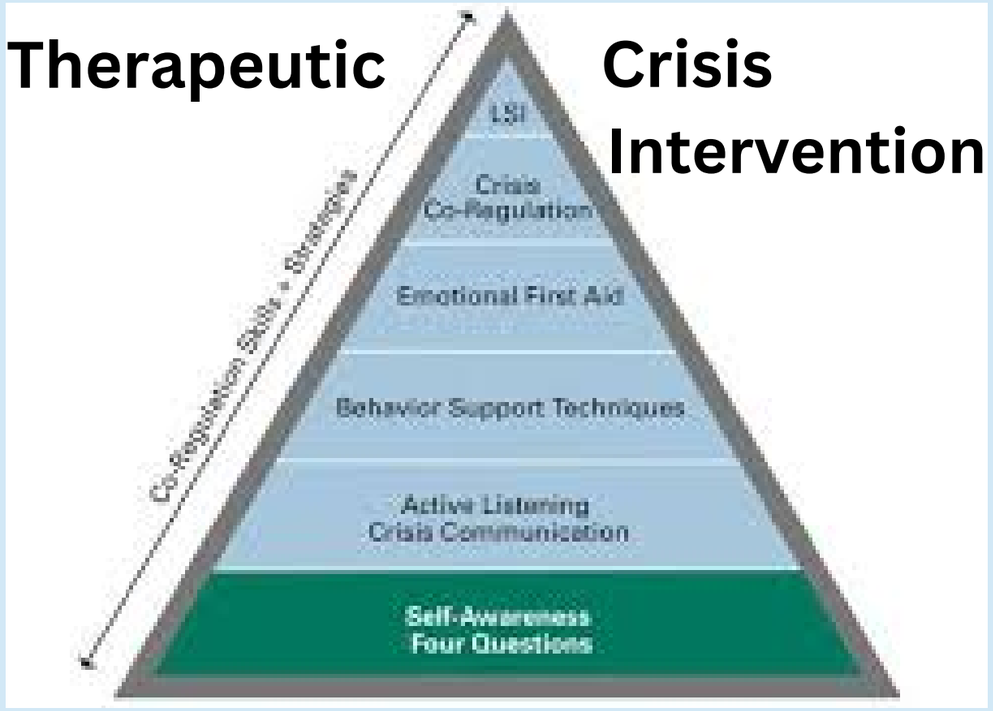
Young people who live in children's homes cannot live with their family or in foster placements for a variety of reasons and so residential provides the safe, secure environment they need. These young people have generally experienced a lot of trauma in their lives and often have few positive attachment experiences.

TRAUMA-INFORMED PRACTICE

Framework for Intergrated Therapeutic Care



Therapeutic Crisis Intervention



Shared Lived Relationships

(AFTER [illegible] BACK IN)

PACE

How to build connections between adults and children

EdPsychEd

Playfulness

Light-hearted and reassuring manner
Open, calm and egnaged attitude
Allows young person to relax
Less defensive and more reflective

Acceptance

Unconditional acceptance of thoughts, feelings and struggles

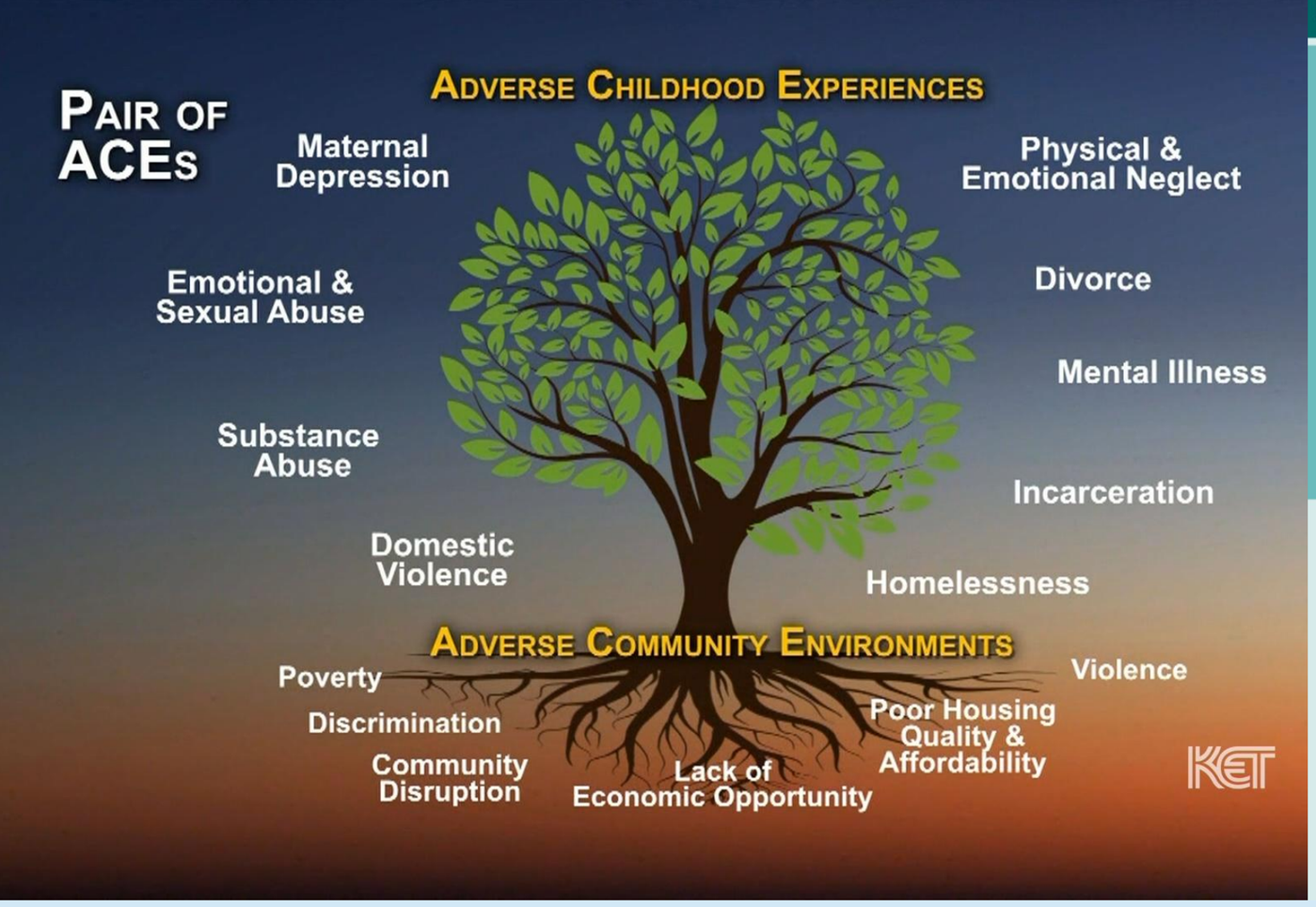
Normalising emotions and providing affirmations

Curiosity

Support development of Self-Awareness so young person can identify reasons behind their own actions

Empathy

Show compassion

Being present in the moment to understand experiences as the child does

PAIR OF ACEs