

Footwear Advice for Patients Admitted to Hospital

Good-fitting footwear with ankle support is essential in fall prevention.

If your admission to hospital is planned you are advised to bring **good-fitting slippers** with you. (Good-fitting means fully enclosed heels and toes with supportive sides, and nonslip sole, preferably with Velcro fastening). *Family/carers of patients admitted as an emergency should bring these in as soon as possible.

In hospital you are not permitted to walk around the ward in:

- Bare feet
- Socks
- Anti-embolism stockings
- Bandages/dressings
- Slippers that are visibly too big
- Slippers that are visibly too small
- Slippers worn with squashed backs
- Novelty slippers
- Backless slippers eg. mules.

Patients on a rehabilitation ward may be encouraged to wear good-fitting out-door shoes. The staff will advise you on the most suitable footwear for their ward.

