

Who can access the service?

You can access the service if you:

- > Are aged 55 years or over
- > Live within the Southern Trust area
- > Have recently been in hospital
- > Are socially isolated and need short term support

What happens next?

We will arrange a suitable time to pop round, have a chat and carry out an informal assessment.

As part of the assessment we will discuss your goals and how we can support you towards achieving these.

These are personal to you and could include being able to attend your health care appointments, or access a club or other activity.

Contact us

British Red Cross
Unit 5
Annagh Business Centre
Tandragee Road
Portadown
BT62 3BQ

Tel : 028 38 333415

Email : cithni@redcross.org.uk

Published 2015



Support at Home – Southern Health & Social Care Trust

Helping you to regain your independence following a recent hospital admission

