

1



Apply alcohol handrub or wet hands with water and soap. Rub hands, palm to palm.

2



Right palm over left dorsum with interlaced fingers and vice versa.

3



Palm to palm, fingers interlaced.

4



Rotational rubbing of left thumb clasped in right hand and vice versa.

5



Back of fingers to opposing palm with fingers interlocked.

6



Rotational rubbing with clasped fingers of right hand and vice versa.

7



Rubbing right wrist with left hand and vice versa.

CLEAN HANDS SAFE HANDS



Southern Health
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