

BUT YOU FEEL LIKE THIS ON THE INSIDE



FOR ALL WOMEN OVER THE AGE OF 16YRS Referral to the service will only be made with your consent

Consent can be withdrawn verbally at any time.

IN PARTNERSHIP



Women's Aid Armagh Down 028 3025 0765 womensaidarmaghdown.org



IN AN EMERGENCY ALWAYS CALL 999

PSNI Non-emergency 101 24 HOUR DOMESTIC AND SEXUAL VIOLENCE HELPLINE 0808 802 1414

This leaflet was kindly funded by



Domestic Abuse Safety & Support Service

SPECIALIST SERVICE FOR WOMEN EXPERIENCING DOMESTIC ABUSE

AVAILABLE IN:

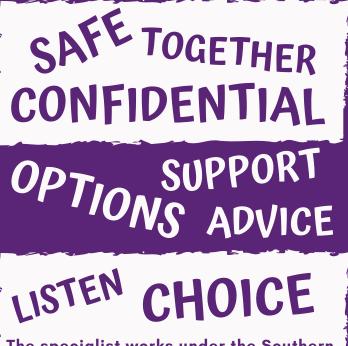


Southern Health and Social Care Trust

ASK STAFF IF YOU WANT TO SEE THE WORKER BEFORE YOU LEAVE

What is a Domestic Abuse Safety & Support Service

An independent specialist who can offer support to women who are experiencing or have experienced domestic abuse. The main aim is to increase the immediate and long term safety of women and children.



The specialist works under the Southern Health and Social Care Trust Policies and may have access to confidential/personal information.

Do you recognise any of this?

- Threatens to kill you or your children
- Strangling or choking you or attempting to
- Charming one minute and aggressive the next
- Jealous and possessive
- Stopping you from seeing your family and friends
- Constantly criticising you/putting you down
- Controls all your money
- Tells you what to wear, whom to see, where to go, what to think
- Tracks, monitors or abuses you through social media, online or via any digital device
- Stalks and/or harasses you via text, phone calls, other messaging apps, face to face or via a third party.
- Says things that hurt you or make you feel uncomfortable?

This Leaflet is available in other languages & onsite interpreters are available

How can this help you?

- Help you to see the risks from domestic abuse.
- Explore and explain your rights and options.
- Support you to develop your own safety plan to reduce the risk of harm to you and your children.
- Provide information on criminal and civil remedies available to you.
- Support you to make your own decisions that are right for you at this time
- Make referrals to other support agencies for you or signpost you.
- Work with hospital staff to help you increase safety and reduce risk of harm.

Mindful of the impact of Domestic Abuse on children, young people and vulnerable adults welfare. Any information you disclose will be treated as sensitive and confidential, except if you tell us of someone being at risk of significant harm, or that a serious crime has been committed that poses a public risk to others. Staff have a legal duty to share this information with appropriate services e.g. Child Protection, Adult Protection, PSNI.