

Do I need insurance?

Yes, you must have employers and public liability insurance in place before you leave hospital. This is very straightforward, can start from as little as £8.67 per month (subject to change) and can be paid for using your Direct Payment. Your Social Worker or CILNI can give more details on this.

What happens after I leave hospital?

A Direct Payment will be issued to your chosen bank account within seven to 10 working days.

Your key worker (e.g. community social worker) will then be in contact to support you and arrange a review within four weeks.

This review will consider how the scheme has been running and involve a reassessment of your needs to plan for the longer term.

Your keyworker can also respond to any questions or issues that may arise.

Any payments beyond the initial eight weeks will depend on the review by your key worker.

For more information and support please ask to speak with the key worker involved in planning your care at home or telephone:

Craigavon Area Hospital 028 3756 0941/60942

Daisy Hill Hospital 028 3756 2920/62921

Non acute 028 3756 66019



Patient guide - Direct Payments and hospital discharge

Patient Guide: **Emergency Direct Payments To Assist Hospital Discharge**



If you require care support on discharge, speak with the hospital social worker, who can assist you to complete your support plan, based on your assessed needs.

You can access a personal budget to employ a personal carer of your choice, have control over how your support is arranged and receive an initial payment for 8 weeks on discharge.



You could be home on the same day you are assessed as medically fit.



Take Control

Using a Direct Payment, you can pay an agency or employ someone you know to support you on your return home. This will give you more choice and control over who supports you and when each day. Your Care and Support Plan will be your plan, noting:

- How other people will support you at home;
- How you are going to stay safe, healthy and supported.
- Using Direct Payments, you could, potentially, be home on the same day you are assessed as medically fit.



How to make this happen

If you have been assessed as needing support when you leave hospital, ask staff on the ward to contact the key worker involved in planning your care and support at home (e.g. the hospital social worker) so they can attend the ward and speak with you.

If using Direct Payments is new to you - please do seek support from:

- The Centre for Independent Living (NI) who can provide immediate employment advice on how to manage your Direct Payment;
- Your family, friends and neighbours who can help with developing a Care and Support Plan centred around what is important to you.



Options to support you

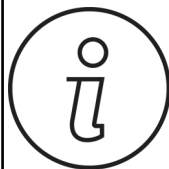
Once you have had discussions about what help will be needed to support you at home, before leaving hospital there are options available -

1. A package of care provided by the Trust with support from a care agency.

And/or

2. Direct Payments where the Trust provides a payment to support you at home.

For example - if you are assessed as needing care amounting to 10 hours per week - this would give you £153.70* subject to review to plan your care including employers and insurance costs. *Effective from April 2023.



Frequently asked questions

Direct Payments means I could become an employer. What help is there with this process?

The Centre for Independent Living NI (cilni.org) provide free independent advice for people using Direct Payments, including any employer responsibilities. They also, for a small monthly fee, paid from the Direct Payment itself, can provide a payroll service to help ensure all requirements are met although other sources of support for this can be used.