

FOI 2097

12/01/2024

FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST

1. Does the Health and Social Care Trust provide any intensive community and/or day patient treatment for eating disorders (or refer patients on to receive such treatment from another NHS or non-NHS provider)? This may include day patient treatment, home treatment, or other innovative model/s. We are interested in programmes for children and young people, and/or adults.

Yes

No, and the Health and Social Care Trust has never provided such a service

No, but the Health and Social Care Trust did provide such a service in the past [Please provide more information below, including what led to the closure of this service/s]

If you answered “No” to question 1 (either of the two options), that is all that is required, thank you for your response.

If you answered “Yes” to question 1, please answer the remaining questions below. If the Health and Social Care Trust provides more than one model of intensive community or day patient treatment and/or has separate programmes based on age or any other criteria, please provide separate answers for each treatment programme and specify which programme is being referred to. If the Health and Social Care Trust refers patients on to receive intensive community or day patient treatment from another NHS or non-NHS provider, please state the name of this provider, and cover this treatment programme within the answers you give to questions 2-8.

2. What model/s of intensive community or day patient treatment for eating disorders does the Health and Social Care Trust provide (or refer patients onto)? (Examples include day treatment or home treatment, but we are keen to hear about any other forms of intensive treatment too aside from inpatient care.) In your answer, please specify whether these are provided in-person or online/virtually.

3. What is the intensity of this/these model/s of intensive community or day patient treatment for eating disorders?

a) Please provide the information requested below. (If the Health and Social Care Trust provides, or refers patients onto, more than one intensive community or day patient treatment programme please provide separate answers for each):

- **Number of hours per day (if applicable to model)**
- **Number of days per week (if applicable to model)**
- **Number of contacts per week and minimum duration of those contacts (if applicable to model)**



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- Is supervised meal support provided? (If so, for how many meals per day?)
- b) Please provide any more information that we should know about regarding the intensity of treatment provided by this/these programme/s.

4. Are families or other carers engaged with (when appropriate) in the treatment provided by this/these intensive community and/or day patient treatment programme/s for eating disorders? If so, please describe or attach further information outlining this engagement.

5. Is/are the intensive community and/or day patient treatment programme/s for eating disorders time limited, or is the length of this treatment based on clinical need? If it is time limited, what is the maximum length of treatment?

6. What are the referral criteria for patients to access the intensive community and/or day patient treatment programme/s for eating disorders? In your answer, please detail any exclusion criteria (e.g., age, type of eating disorder/diagnosis, BMI, comorbidity, or otherwise).

7. What is/are the geographic catchment area/s for referrals to the intensive community and/or day patient treatment programme/s for eating disorders (including any such programmes provided outside the Health and Social Care Trust's usual geographic area)?

8. Please state the size of the caseload (number of accepted referrals) at the Health and Social Care Trust's intensive community and/or day patient treatment programme/s for eating disorders on the dates below:

- 31 March 2023
- 30 September 2023

(If the Health and Social Care Trust provides more than one intensive community or day patient treatment programme, please provide the size of the caseload separately for each and specify whether the programme is for over 18s or under 18s.)

9. Which organisation commissions the intensive community and/or day patient treatment programme/s for eating disorders? If this is a Local Commissioning Group please specify its name in your answer to this question.

10. Please tell us what the Health and Social Care Trust is proud of about its intensive community and/or day patient treatment programme/s for eating disorders and outline the challenges and opportunities the Health and Social Care Trust has experienced in providing this/these programme/s.

The Southern Health and Social Care Trust is not commissioned or funded to provide intensive community and/or day patient treatment for their CAMHS Eating Disorder clients and therefore is not included in a formal sense within our service provision.



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However, in response to ever changing pressures within our Health Service coupled with a significant increase in referral rate of Eating Disorders as direct result of impact of COVID we have had to be increasingly more creative and resourceful to meet the complexity and acuity in presentations of our client population.

On an individual case by case basis we have provided a step up / step down provision of care in various forms within the resources we currently have.

- **Support / modelling in approach and supervision of meals in Paediatric / Medical Wards.**
- **Support / modelling in approach and supervision of meals within clinic with parents present and without.**
- **Supported eating and modelling in approach within home setting with parents present.**

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