

FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST

1. Number of referrals and confirmed cases of ADHD within your Trust.

Response:

627 (Please see attached Newsletter for number of confirmed cases over the last 5 years.)

2. Current waiting period from GP referral to point of assessment where there has been an index of suspicion in relation to ADHD.

Response:

Southern Health & Social Care Trust (SHSCT) do not have a direct pathway to accept referrals from GPs to the ADHD Service. Children/young people must be referred to the ADHD Service via Community Paediatrics or CAMHS. The current waiting time within the ADHD service is 56 weeks. This is the current longest wait for assessment to commence.

3. Please elaborate on the current provision within your Trust, community pathways for those affected by ADHD. What service model is utilised by your Trust?

Response:

ADHD Service provides Early Intervention to those children/young people who are awaiting an assessment of ADHD. This includes:

- Parent/carer zoom information sessions, which provide support and information on a variety of relevant topics, including, Toileting, Eating (selective), Communication, Emotional Regulation, Play, Sensory awareness, Behaviour, Sleep and Life Skills. Parents/carers are invited via text message on a monthly to avail of workshops.
- A range of information and resources that can be accessed on the Southern Health and Social Care Trust's webpage.

SHSCT currently have a contract with Community and Voluntary Sector who provide intervention for parents/carers and children/young people who have a confirmed diagnosis of ADHD. SHSCT have also commissioned Community and Voluntary sector to deliver the ADHD Parenting Plus Programme to parents/carers.

- 4. To your knowledge, what gaps currently exist in your service provision in supporting families with ADHD and how is this assessed? What is your Trust doing to address these gaps? Having done so, what is the timescale?**

Response:

- Currently SHSCT have 1.8 WTE staff to deliver the ADHD Service, hence the existing waiting lists.
- In delivering support the ADHD Service collaborates with the Community & Voluntary sector in the delivery of post diagnostic support. This is provided through the Community and Voluntary sector due to staffing pressures within the core team and is through non recurrent monies.
- Medication monitoring is delivered through community paediatrics and Child and Adolescent Mental Health Services (CAMHS)
- SHSCT has referred 246 families for intervention via Community & Voluntary sector. 18 workshops for parents/carers and young people have been delivered between November 2023 and March 2024.
- Discussions continue with the commissioner in relation to increasing demand on Trust services in respect of ADHD assessments and diagnosis and post diagnostic support.

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