

FOI 2145

19<sup>th</sup> March 2024

## **FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST**

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The requested period is the most current available or the most recent position.

### **1. Child and Adolescent Mental Health Services (CAMHS) Assessment:**

- **What is the current number of people waiting for a CAMHS assessment?**

**Response:** As at 31 December 2023, 443 young people awaited initial assessment with CAMHS.

- **What is your average waiting time for CAMHS treatment?**

**Response:** The wait for assessment in CAMHS Step 3 in Southern Health and Social Care Trust does not exceed 9 weeks.

Currently 122 children within Step 2 are waiting longer than 9 weeks with a current wait time of 23 weeks

- **Who is the person responsible for managing these waiting lists?**

**Response:** CAMHS/ASD Head of Service is responsible for the management of waiting lists, assisted by CAMHS Senior Managers.

- **Has Southern Health and Social Care Trust used independent providers to carry out work on the waiting list?**

**Response:** The SHSCT does not use independent providers to carry out work on the waiting list.

### **2. Neurodevelopment Assessment:**

- **What is the average waiting time for a Neurodevelopmental assessment for children?**

**Response:**

- The average waiting time for an Autism Assessment is 59 weeks for first appointment.
- The average waiting time for an ADHD Assessment is 67 weeks for first appointment.

- The average waiting time for a Neurodevelopmental assessment (ASD and ADHD) is 56 weeks for first appointment.

- **What is the current number of children and adults waiting for a Neurodevelopmental assessment?**

**Response:**

Current number of children/young people on Autism Assessment waiting list is 1121.

- Current number of children/young people on ADHD Assessment waiting list is 636.
- Current number of Adults on the Autism assessment waiting list is 442.
- Currently there is no commissioned service in the Southern Trust for Adult ADHD Assessments so there is no waiting list information available.

- **Who is the person responsible for managing this waiting list?**

**Response:**

- CAMHS/ASD Head of Service is responsible for the management of waiting lists, assisted by the Co-ordinator/operational manager for Autism and ADHD Services
- The Adult ASD Assessment waiting list is coordinated by a Consultant Psychologist. This is currently not a commissioned service and requires significant investment to meet the regional targets.

- **Has Southern Health and Social Care Trust used independent providers to carry out work on the waiting list?**

**Response:**

- Southern Health and Social Care Trust do not use independent providers to carry out work on these waiting lists (Children or adults).

### **3. Psychological Therapies:**

- **What is the average waiting time for psychological therapies?**

**Response:**

- For CAMHS the average waiting time for Psychological therapies is 5 weeks for first appointment.
- For Adult Mental Health the average waiting time for Psychological therapies is 65 weeks

- **What is the current number of adults awaiting psychological therapy?**



## Southern Health and Social Care Trust

### **Response:**

- The CYP Autism Service does not provide adults with Psychological Therapy input.
- The current number waiting for psychological therapy in Adult Mental Health Services is 911.

- **Who is the person responsible for managing this waiting list?**

### **Response:**

- CAMHS/ASD Head of Service is responsible for the management of waiting lists, assisted by the Co-ordinator/operational manager for Autism and ADHD Services
- For Adult Mental Health the Head of Service for Primary Mental Health Care and the Director of Psychology are responsible for the management of the waiting lists assisted by the coordinators and team leaders within the services.

- **Has Southern Health and Social Care Trust used independent providers to carry out work on the waiting list?**

### **Response:**

- Southern Health and Social Care Trust do not use independent providers to carry out work on these waiting lists (children or adults).

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