

FOI 2366

9<sup>th</sup> May 2024**FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST**

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**I would like to Request a copy of the Trust's Policies and Procedures as outlined for all family therapists working within CAMHS that therapists are guided by regarding practice contexts with all families attending for family therapy intervention.**

**I would appreciate if a copy of these Policies and Procedures covered the period March 2019 until June 2020.**

**FAMILY THERAPISTS WORKING IN CAMHS**

All Family Therapists working within CAMHS CYP Directorate adhere to the Trusts Policies and Procedures. (See Attachment 1 – CAMHS Internal Operational Policy specific for CAMHS).

**Professional:**

Family Therapy provide a specialist intervention and are part of an integrated model within the Step 2 and Step 3 CAMHS/ASD teams. Family Therapists draw from an eclectic range of systemic models that influence the practice context. These can be adapted to meet the needs for each individual family they work with. An example of some of these are:

- Narrative therapy.
- Systemic therapy.
- Structural therapy.
- Solution-focused therapy.
- Milan therapy

All Family Therapists are required to comply with all the relevant Professional Codes of Conduct and regulatory governing bodies, standards of practice and guidelines of the Association of Family Therapy (AFT) and United Kingdom Council for Psychotherapy (UKCP).

Family Therapists in the Trust have organisational responsibilities and adherence to the professional codes of practice of the Association of Family Therapy (AFT) and United Kingdom Council for Psychotherapy (UKCP). To maintain the highest standards of clinical record keeping, including electronic data entry and recording, report writing through the exercise of professional ethical standards.

Also all Family Therapists employed by the Trust also hold a primary qualification in either Social Work or Nursing. They are also required to adhere to these Professional Codes of Conducts and

maintain registration with their primary professional standard. (Details of Codes of Practice for Nursing and Social Work).

Professional Codes of Practice:

Attachment 2 – Code of Ethics and Practice

Attachment 3 – UKCP Standards of Education and Training (2020)

Attachment 4 – Standards of Conduct and Practice for Social Workers

Attachment 5 – NMC Code of Practice

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