External fixation removal within Fracture Clinic

- Patient arrives to Fracture Clinic for review.
- Depending on dictated notes from previous appointment patient either sees the doctor first or get an x-ray.
- Once x-ray has been taken, the images are then reviewed by the doctor and a clinical plan is devised.
- The doctor then consults the clinical plan with the patient and explains the entailed procedure.
- Verbal consent gained.
- Analgesic options discussed and explained e.g. Entonox or Penthrox.
- Prepare equipment as required. (Depending on the doctor's preference)
- The cubicle within the plaster room is prepared and the patient transferred into the plaster room.
- The nurse introduces her/himself to the patient and reinforce the procedure.
- Commencement of prescribed analgesia.
- Procedure commences and the patient is continually monitored throughout.
- Check x-ray if requested and reviewed by doctor prior to discharge.
- Follow up clinical plan is devised.